

PROMIS-10 Global Health

© 2008-2012 PROMIS Health Organization and PROMIS Cooperative Group

- In general, would you say your health is:
 - Excellent
 - Very good
 - Good
 - Fair
 - Poor
- In general, would you say your quality of life is:
 - Excellent
 - Very good
 - Good
 - Fair
 - Poor
- In general, how would you rate your physical health?
 - Excellent
 - Very good
 - Good
 - Fair
 - Poor
- In general, how would you rate your mental health, including your mood and your ability to think?
 - Excellent
 - Very good
 - Good
 - Fair
 - Poor
- In general, how would you rate your satisfaction with your social activities and relationships?
 - Excellent
 - Very good
 - Good
 - Fair
 - Poor
- In general, please rate how well you carry out your usual social activities and roles. (This includes activities at home, at work and in your community, and responsibilities as a parent, child, spouse, employee, friend, etc.)
 - Excellent
 - Very good
 - Good
 - Fair
 - Poor
- To what extent are you able to carry out your everyday physical activities such as walking, climbing stairs, carrying groceries, or moving a chair?
 - Completely
 - Very good
 - Good
 - Fair
 - Poor
- In the past 7 days, how often have you been bothered by emotional problems such as feeling anxious, depressed, or irritable?
 - Never
 - Not at all
 - A little
 - Moderately
 - Mostly
- In the past 7 days, how would you rate your fatigue on average?
 - None
 - Always
 - Often
 - Sometimes
 - Rarely
- In the past 7 days, how would you rate your pain on average, where 0 means no pain, and 10 means worst imaginable pain?
 - 0
 - Mild
 - Moderate
 - Severe
 - Very severe

- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10