

**Hip dysfunction and Osteoarthritis Outcome Score (HOOS), English version LK 2.0**

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- During the last week, did you feel grinding, hear clicking or any other type of noise from your hip?
  - Never
  - Rarely
  - Sometimes
  - Often
  - Always
  
- During the last week, how much hip-related difficulty did you have spreading your legs wide apart?
  - None
  - Mild
  - Moderate
  - Severe
  - Extreme
  
- During the last week, how much hip-related difficulty did you have striding out when walking?
  - None
  - Mild
  - Moderate
  - Severe
  - Extreme
  
- During the last week, how severe was your hip joint stiffness after first awakening in the morning?
  - None
  - Mild
  - Moderate
  - Severe
  - Extreme
  
- During the last week, how severe was your hip joint stiffness after sitting, lying, or resting later in the day?
  - None
  - Mild
  - Moderate
  - Severe
  - Extreme
  
- How often is your hip painful?
  - Never
  - Monthly
  - Weekly
  - Daily
  - Always
  
- During the last week, what amount of hip pain have you experienced when straightening your hip fully?
  - None
  - Mild
  - Moderate
  - Severe
  - Extreme
  
- During the last week, what amount of hip pain have you experienced when bending your hip fully?
  - None
  - Mild
  - Moderate
  - Severe
  - Extreme
  
- During the last week, what amount of hip pain have you experienced when walking on a flat surface?
  - None
  - Mild
  - Moderate
  - Severe
  - Extreme
  
- During the last week, what amount of hip pain have you experienced when going up or down stairs?
  - None
  - Mild
  - Moderate
  - Severe
  - Extreme

During the last week, what amount of hip pain have you experienced at night while in bed?

- None
- Mild
- Moderate
- Severe
- Extreme
- None

During the last week, what amount of hip pain have you experienced when sitting or lying?

- Mild
- Moderate
- Severe
- Extreme
- None

During the last week, what amount of hip pain have you experienced when standing upright?

- Mild
- Moderate
- Severe
- Extreme
- None

During the last week, what amount of hip pain have you experienced when walking on a hard surface (asphalt, concrete, etc.)?

- Mild
- Moderate
- Severe
- Extreme
- None

During the last week, what amount of hip pain have you experienced when walking on an uneven surface?

- Mild
- Moderate
- Severe
- Extreme
- None

During the last week, how much hip-related difficulty have you experienced with descending stairs?

- Mild
- Moderate
- Severe
- Extreme
- None

During the last week, how much hip-related difficulty have you experienced with ascending stairs?

- Mild
- Moderate
- Severe
- Extreme
- None

During the last week, how much hip-related difficulty have you experienced with rising from sitting?

- Mild
- Moderate
- Severe
- Extreme
- None

During the last week, how much hip-related difficulty have you experienced with standing?

- Mild
- Moderate
- Severe
- Extreme
- None

During the last week, how much hip-related difficulty have you experienced with bending to the floor or picking up an object?

- Mild
- Moderate
- Severe
- Extreme

During the last week, how much hip-related difficulty have you experienced with walking on a flat surface?

- None
- Mild
- Moderate
- Severe
- Extreme
- None

During the last week, how much hip-related difficulty have you experienced with getting in or out of a car?

- Mild
- Moderate
- Severe
- Extreme
- None

During the last week, how much hip-related difficulty have you experienced with going shopping?

- Mild
- Moderate
- Severe
- Extreme
- None

During the last week, how much hip-related difficulty have you experienced with putting on socks or stockings?

- Mild
- Moderate
- Severe
- Extreme
- None

During the last week, how much hip-related difficulty have you experienced with rising from bed?

- Mild
- Moderate
- Severe
- Extreme
- None

During the last week, how much hip-related difficulty have you experienced with taking off socks or stockings?

- Mild
- Moderate
- Severe
- Extreme
- None

During the last week, how much hip-related difficulty have you experienced with lying in bed (turning over, maintaining hip position)?

- Mild
- Moderate
- Severe
- Extreme
- None

During the last week, how much hip-related difficulty have you experienced with getting in or out of the bath?

- Mild
- Moderate
- Severe
- Extreme
- None

During the last week, how much hip-related difficulty have you experienced with sitting?

- Mild
- Moderate
- Severe
- Extreme
- None

During the last week, how much hip-related difficulty have you experienced with getting on or off of the toilet?

- Mild
- Moderate
- Severe
- Extreme

During the last week, how much hip-related difficulty have you experienced with heavy domestic duties (moving heavy boxes, scrubbing floors, etc.)?

- None
- Mild
- Moderate
- Severe
- Extreme
- None

During the last week, how much hip-related difficulty have you experienced with light domestic duties (cooking, dusting, etc.)?

- Mild
- Moderate
- Severe
- Extreme
- None

During the last week, how much hip-related difficulty have you experienced with squatting?

- Mild
- Moderate
- Severe
- Extreme
- None

During the last week, how much hip-related difficulty have you experienced with running?

- Mild
- Moderate
- Severe
- Extreme
- None

During the last week, how much hip-related difficulty have you experienced with twisting or pivoting on the loaded leg?

- Mild
- Moderate
- Severe
- Extreme
- None

During the last week, how much hip-related difficulty have you experienced with walking on an uneven surface?

- Mild
- Moderate
- Severe
- Extreme
- Never
- Monthly
- Weekly
- Daily
- Constantly
- Not at all

How often are you aware of your hip problem?

Have you modified your life style to avoid activities potentially damaging to your hip?

- Mildly
- Moderately
- Severely
- Totally

How much are you troubled with lack of confidence in your hip?

- Not at all
- Mildly
- Moderately
- Severely
- Extremely

In general, how much difficulty do you have with your hip?

- None
- Mild
- Moderate
- Severe
- Extreme